

STARTERS

GARLIC BREAD V 12.90
Wood fired bread brushed with garlic butter and fresh parsley.

CHEESY GARLIC BREAD V 16.90
Wood fired bread topped with garlic butter, melted mozzarella and fresh parsley.

BRUSCHETTA ROMANA V 14.90
ADD ON: BOCCONCINI +4.00
Wood fired bread topped with marinated tomatoes, fresh basil, and drizzle of balsamic glaze.

SCHIACCIATA PROSCIUTTO 19.90
Wood fired schiacciata filled with prosciutto, rocket, sliced tomato, shaved parmesan, and drizzle of extra virgin olive oil.

DUKKAH GFO 14.90
Toasted Turkish bread, roasted nuts, seeds, middle eastern spices, balsamic reduction and olive oil.

DIPS VO 17.90
2x house made dips marinated kalamata olives and toasted pita bread.

ARANCINI V 19.90
Crispy golden risotto balls filled with roasted pumpkin and feta, served with truffle mayo and fresh rocket.

STICKY PORK BELLY 17.90
Twice cooked pork belly, sticky honey soy, rocket and pickled red cabbage.

CRISPY SALT & PEPPER SQUID 19.90
Lightly fried tender squid, tossed with sea salt and cracked pepper, served with fresh garden salad, lemon wedge and Tartare sauce.

SWEET CORN RIBS V 15.90
Golden fried corn ribs tossed in our signature house seasoning, served with a side of zesty chilli aioli for dipping.

BOWL OF CHIPS V 12.90
Served with tomato sauce.

BOWL OF WEDGES V 14.90
Served with sweet chilli sauce and sour cream.

SALAD

SALT & PEPPER SQUID GFO 29.90
Salt and pepper squid, green salad, tomato, Spanish onion, cucumber, balsamic vinaigrette and lemon.

MEDITERRANEAN CHICKEN GFO 27.90
Our signature marinated crispy chicken, green salad, cherry tomato, Spanish onion, cucumber, corn, house made mustard sauce and balsamic vinaigrette.

SQUICKEN GFO 29.90
Salt and pepper squid and our signature crisp crust chicken, green salad, cherry tomato, Spanish onion, cucumber, corn, house made mustard sauce and balsamic vinaigrette.

QUINOA SALAD V GFO 23.90
ADD ON: CHICKEN +5.00
ADD ON: HALLOUMI +4.00
Tri colour quinoa, green salad, roasted pumpkin, beetroot, Danish fetta, cherry tomato and inhouse made lemon Dijon dressing.

CAESAR SALAD GFO 30.90
Baby cos lettuce, grilled bacon, grilled chicken tenderloin, fried egg, shaved parmesan, croutons and Caesar dressing.

MEDITERRANEAN LAMB GFO 29.90
Tendered lamb strips on a bed of green salad, cherry tomatoes, cucumber, red onion, olives, and feta finished with tzatziki dressing.

BURGERS

All burgers are made in toasted brioche bun and served with a basket of chips.

ON REQUEST: GLUTEN FREE BUN 3.90

THE STRAND CHICKEN BURGER 27.90
Our signature marinated chicken tenderloin, flame grilled bacon, with sliced tomato, cheese, lettuce, onion with house made mustard sauce.

BEEF BURGER 27.90
ADD ON: FRIED EGG +2.90
Angus beef patty, tasty cheese, bacon, tomato, onion, lettuce with house made mustard dressing and tomato relish.

HALLOUMI BURGER V 23.90
Sliced beetroot, grilled halloumi, onion, tomato, lettuce finished with aioli and house made relish.

GRILLED CHICKEN BURGER 26.90
Grilled chicken tenderloin topped with crispy bacon, cheese, fresh lettuce, onion and tomato finished with aioli.

SOUTHERN FRIED CHICKEN 27.90
Crispy fried seasoned southern style, topped with cheese, bacon, sliced tomato, pickled cabbage, lettuce finished with chipotle sauce.

MAINS

ATLANTIC SALMON GF 37.90
Pan seared oven baked salmon, rosemary potato, sautéed greens with lemon butter sauce

FISH AND CHIPS 26.90
Beer battered fillets served with chips and salads.

CHARGRILLED CHICKEN GF 34.90
BREAST
Chicken breast marinated in house seasoning, served over creamy potato mash, and charred seasonal greens, finished with a smooth cream pesto sauce.

PORK BELLY GF 34.90
Chargrilled oven baked pork belly served over creamy parsnip puree, with house pickled red cabbage and a rich dark pork jus.

MOROCCAN CURRY 34.90
Slow braised beef, mediterranean spiced risoni with onion, capsicum, parsley, garlic and mint yogurt.

LAMB SHANKS GF 32.90
8-hour slow cooked lamb shank, sweet potato mash, charred leek, and red wine jus.

BEEF CHEEKS GF 35.90
Slow cooked braised beef cheeks, potato mash, seasonal greens and beef jus.

VEAL SCALLOPINI GF 36.90
Grilled veal scallopini served with sauteed vegetables, topped with prawns and calamari in a rose sauce.

BLACK ANGUS GF 39.90
Creamy cauliflower puree, golden crumbed prawns, rosemary beef jus and herb oil

CALAMARI RIVIERA 32.90
Crispy salt and pepper calamari, served with golden fries, garden salad, zesty tartare sauce and a lemon wedge.

RISOTTO

SEAFOOD PAELLA GF 31.90
Plump arborio rice, squid, prawns, mussels, chorizo, garlic, chilli, onion, saffron stock and napolitana.

RISOTTO POLLO GF 28.90
Creamy arborio rice with tender chicken, sauteed mushroom and baby spinach, simmered in white wine and chicken stock, finished with parmesan and fresh herbs.

COSTAL VEGGIE RISOTTO V GF 27.90
A vibrant mix of sundried tomato, capsicum, mushroom, onion, and baby spinach simmered in rich rose sauce finished with parmesan.

SIDES

SAUTEE MIX VEGETABLE 12.90
Fresh seasonal veggies lightly tossed in garlic-infused olive oil, finished with almond flakes.

GARDEN SALAD 10.90
Fresh mix lettuce with tomato, Spanish onion, cucumber, tossed in a tangy balsamic vinaigrette.

ROSTED ROSEMARY PATATO 10.90
Tossed with rosemary and olive oil, served with a side of chilli aioli.

PASTA

“All our pastas are prepared with garlic, butter, parmesan, and fresh herbs to create a rich base of flavour.”
Served with your choice of pasta: Penne, Spaghetti and Fettuccine.
GNOCCHI OR GLUTEN-FREE PASTA +3.90

BOLOGNESE Slow-cooked beef mince in a hearty tomato, onion, garlic, and herbs, served with your choice of pasta.	24.90	LAMB RAGU 8 hour slow cooked lamb in a red wine Napoli sauce and herbs, served with your choice of pasta.	28.90
AGLIO E OLIO Garlic-infused olive oil with chicken tenderloin, bacon, chilli, chicken stock, finished with toasted pine nuts.	26.90	SUGO DI GRANCHIO Blue swimmer crab meat in rich Napoli sauce with, hint of chilli, cherry tomato, garlic, herbs and finished with a touch of cream.	29.90
MONTE SILVANO Pan-seared chicken and bacon folded through baby spinach, garlic, and herbs in a velvety cream sauce, finished with toasted almond.	27.90	MARESTELLA A vibrant mix of squid, prawns, and mussels sautéed with cherry tomato, garlic, touch of chilli, olive oil and fresh herbs simmered in a rich napolitana sauce.	31.90
CARBONARA Crispy bacon tossed in a velvety creamy sauce with garlic, egg yolks, parmesan, and herbs.	26.90	CON POLLO Pan-seared chicken with sun-dried tomato and baby spinach in a creamy pesto sauce.	28.90
PUTTANESCA Anchovies, olives, capers, garlic and chilli infused into traditional napolitana sauce.	25.90	ALLA PANNA Sauteed ham and mushrooms in a velvety garlic cream sauce, finished with parmesan and herbs.	27.90
AMATRICIANA Crispy bacon cooked in our house-made Napoli sauce with a touch of chilli and finished with parmesan and fresh herbs.	26.90	STRAND ALFREDO Pan-seared chicken and sauteed mushroom in a creamy garlic parmesan sauce, finished with herbs.	27.90
ZUCCA Rosted pumpkin, baby spinach, cherry tomato and sun-dried tomato tossed in garlic olive oil and creamy pesto sauce, finished with tossed pine nuts and parmesan.	24.90	GAMBERI A refined mix of prawns and crab meat, gently sautéed with cherry tomato, garlic, and herbs, finished in a light white wine and olive oil sauce.	30.90

PIZZA FROM OUR WOOD OVEN

GLUTEN-FREE BASE	+5.00		
MARGHERITA 	24.90	ORTOLANA 	27.90
San Marzano tomato base, mozzarella, and fresh basil.		San Marzano tomato base, capsicum, sun- dried tomato, baby spinach, mushroom, Spanish onion, olives and mozzarella.	
NAPOLETANA	27.90	TONY SOPRANO	28.90
San Marzano tomato base, anchovies, olives, mozzarella and oregano.		San Marzano tomato base, pepperoni, mozzarella and basil.	
THE STRAND	28.90	BBQ CHICKEN	29.90
San Marzano tomato base, artichoke, mozzarella, capsicum, mushroom, Spanish onion, pepperoni and black olive.		San Marzano tomato base, roasted chicken, bacon, Spanish onion, pineapple, mozzarella and BBQ sauce on top.	
CAPRICCIOSA	26.90	PERI PERI CHICKEN PIZZA	29.90
San Marzano tomato base, mozzarella, ham, cheese, black olive and artichoke.		San Marzano tomato base, chicken, mozzarella, capsicum, onion, mushroom and peri peri mayo on top.	
PROSCIUTTO	27.90	SUPREME	31.9
San Marzano tomato base, mozzarella, rocket, prosciutto and shaved parmesan.		San Marzano tomato base, smoked leg ham, pepperoni, mushroom, capsicum, pineapple, olives and Spanish onion mozzarella.	
PIZZA MARE	31.90	CALZONE RUSTICO	30.90
San Marzano tomato base, mozzarella, garlic, prawn, squid and mussels.		Wood oven pizza folded dough filled with San Marzano tomato base, leg ham, pepperoni, mushroom, capsicum, olives, onion, mozzarella and Bolognese sauce.	
MEAT LOVERS	29.90		
San Marzano tomato base, bacon, ham, pepperoni, chorizo and mozzarella.		OR	
YIRO’S	28.90	VEGETARIAN	28.90
San Marzano tomato base, lamb, marinated tomatoes, Spanish onion and mozzarella finished with tzatziki.		Wood oven folded pizza dough filled with San Marzano tomato base, capsicum, sun- dried tomato, mushroom, Spanish onion, olives, mozzarella and Neapolitan sauce.	
HAWAIIAN	28.90		
San Marzano tomato base, smoked leg ham, pineapple and mozzarella.			

THE STRAND GOURMET CHICKEN OR VEAL SCHNITZELS

All schnitzels are house crumbed in our kitchen and served golden & crispy with chips & salad.
VEAL SCHNITZELS AVAILABLE FOR AN ADDITIONAL +3.00

CLASSIC PLAIN Our signature house-made schnitzel served simply with lemon—crispy, juicy, and satisfying. ADD ON: CHOICE OF MUSHROOM, PEPPERCORN, GRAVY SAUCE ADD ON: SUR & TURF	25.90 +4.00 +7.00	PARMIGIANA Smoked ham, Neapolitan & mozzarella cheese. ADD ON: CHOICE OF MUSHROOM, PEPPERCORN, GRAVY SAUCE ADD ON: SUR & TURF	28.90 +4.00 +7.00
MUSHROOM GRAVY Golden schnitzel topped with rich, house-made garlic mushroom sauce and fresh herbs. A warm, comforting classic.	29.90	SURF & TURF Crispy schnitzel crowned with grilled prawns, squid, and creamy garlic sauce. A perfect land and sea combo.	31.90
LOADED YIRO’S LAMB Our schnitzel topped with tender grilled lamb, cherry tomatoes, red onion, and finished with house-made tzatziki. A bold Mediterranean fusion.	30.90	THE ULTIMATE STACK Golden and crispy schnitzel topped with a heap of chips, grilled bacon, BBQ sauce, garlic aioli, and tomato sauce. Messy, saucy, and delicious.	29.90

Serve until 5pm

FOCACCIA OR WRAP

ADD ON: BASKET OF FRIES	+3.90	BLT FOCACCIA OR WRAP	16.90
GLUTEN FREE AVAILABLE ON REQUEST	+3.00	Bacon, lettuce, tomato, and aioli.	
GRILLED CHICKEN & AVOCADO FOCACCIA OR WRAP	16.90	YIRO’S FOCACCIA OR WRAP	18.90
Grilled chicken, cheese, avocado, lettuce, and mayo.		Lamb, Spanish onion, tomato, lettuce, and tzatziki sauce.	
STRAND SPECIAL FOCACCIA OR WRAP	19.90	CHICKEN SCHNITZEL FOCACCIA OR WRAP	18.90
Our signature marinated chicken tenderloin, lettuce, cheese, and house made mustard sauce.		Chicken schnitzel, bacon, lettuce, cheese, and house made relish.	
HAM FOCACCIA	15.90	SMOKE SALMON FOCACCIA	18.90
Ham, cheese, and tomato.		Smoke salmon, avocado, lettuce, and aioli sauce.	
STEAK SANDWICH FOCACCIA	20.90	VEGETARIAN FOCACCIA	17.90
Chargrilled beef angus, tasty cheese, onion, rocket, chilli mayo and balsamic.		Sun-dried tomato, baby spinach, onion, pumpkin, olive, capsicum, and pesto.	

KIDS MENU

All kids’ meal includes Pop Top OR single scoop gelati

CHICKEN NUGGETS AND CHIPS (6) and chips	15.90
BOLOGNESE PASTA choice of penne or spaghetti	15.90
NAPOLETANA PASTA choice of penne or spaghetti	15.90
CREAMY CHEESE PASTA choice of penne or spaghetti	14.90
FISH & CHIPS 1 piece battered fish with chips	17.90
SALT & PEPPER SQUID W/ FRIES	17.90
KIDS BURGER Angus beef patty, tasty cheese, tomato sauce and chips	15.90
KIDS CHEESE PIZZA 9”	14.90
KIDS HAM, CHEESE & PINEAPPLE PIZZA 9”	16.90

DESSERT

A SELECTION OF FRESH CAKE AND GELATI ARE AVAILABLE IN OUR DISPLAY CABINET.

