



EGGS & CLASSICS

BACON & EGGS 15.9
Choice of poached, scrambled or fired eggs with bacon & toasted sourdough.

EGGS BENEDICT 18.9
ADD ON: SMOKED SALMON +5.0
Choice of Toasted sourdough bread or muffins topped with bacons, baby spinach, poached eggs & hollandaise sauce top with fresh chives.

STRAND VEGETARIAN BREAKFAST 22.9
Two egg your way, fresh avocado, sautéed mushrooms, roasted tomato, sautéed spinach, grilled halloumi and hash brown served with toasted sourdough.

EGGS, SALMON & AVO 24.9
Toasted sourdough bread topped with smashed avocado, baby spinach, smoked salmon, poached eggs and hollandaise sauce finished with fresh chives.

STRAND BIG BREAKFAST 27.9
The ultimate start to the day with eggs your way, bacon, grilled chorizo, sautéed mushrooms, grilled tomato and a hash brown, served with toasted sourdough bread.

JETTY BREAKFAST BOARD 33.9
Three eggs your way, waffle, crispy bacon, roasted tomato, avocado, mushrooms, sautéed spinach, hash brown, baked beans, maple syrup & hollandaise sauce, served with a warm crossaint. Perfect for sharing with family or friends.



AVOCADO SPECIALTIES

☒ **LOADED AVO** 18.9
Fresh avocado on toasted sourdough, Dukkah spices, sesame seeds with poached eggs and Persian feta's, drizzle of balsamic glaze, finished with fresh pomegranate.

☒ **SMASHED AVOCADO ON TOAST** 23.9
Smashed avocado on sourdough, poached eggs, radish, cherry tomatoes, dukkah, house made beetroot hummus, Persian feta's and finished with marinated fresh rocket.

☒ **AVOCADO DRIFT CROSSANT** 20.9
Butter croissant layered with smashed avocado; a perfectly cooked poached egg topped with marinated fresh rocket and a sprinkle of parmesan cheese.

The strand

café restaurant

Breakfast



FOR KIDS

All kids' meal includes Pop Top OR single scoop gelati

KIDS PANCAKES 13.9
With strawberry, blueberries, banana and whipped cream, maple syrup and mix berries coulis.

KIDS WAFFLES 14.9
With strawberry, blueberries, banana and whipped cream, maple syrup and mix berries coulis.

KIDS PLATTER 15.9
One egg (poached, scrambled or fired), bacon, hash brown, fruit cup and one toast.



SWEET BREAKFASTS

☒ **PANCAKES** 19.9
Pancakes with strawberries, blueberries, banana and whipped cream served with toasted seeds, maple syrup and mixed berry coulis.

☒ **WAFFLES** 21.9
With bacon, strawberries, blueberries, served with toasted seeds, maple syrup and mixed berry coulis.

FRENCH TOAST 20.9
French toast with crispy bacon, banana, mixed berries, maple syrup, icing sugar, & almond crumble with pistachios, hazelnuts and drizzle of honey.



BRUNCH DELIGHTS

STRAND BREAKFAST BURGER 18.9
Brioche bun with 2 fried eggs, bacon, melted cheese & house made relish with side of hash brown.

BREAKFAST BURRITO 18.9
Smashed Avo, bacon, scrambled eggs, sweet corn, hash brown and BBQ sauce wrapped in warm pitta bread.

CROQUE DU MATIN 21.9
Lightly toasted brioche bread with gruyere cheese, smoked ham and a creamy mustard mayo topped with a fried egg.

CHILLI CRAB 21.9
Blue swimmer crab & spring onion scrambled eggs on grilled Turkish bread with, leafy greens, fresh chilli, sesame seeds and house-made chilly mayo.

SHAKSHUKA 23.9
Mix of sautéed onion, bell pepper, and garlic, mild paprika, cumin powder, chili powder in a rich spiced tomato base, finished with feta, chopped parsley and eggs baked in the sauce. Served with warm pitta bread



BAKERY & TOAST

☒ **PLAIN TOAST (2)** 7.9
ADD: HAM, CHEESE & TOMATO 12.9

☒ **RAISIN TOAST (2)** 9.9



CROISSANT

PLAIN 8.9

WITH HAM, CHEESE & TOMATO 12.9

HAM & HOLLANDAISE 19.9
Buttery croissant filled with shaved ham and topped with two poached eggs, finished with smooth hollandaise sauce and fresh herbs.



LIGHT & FRESH

☒ **AÇAÍ BOWL** 17.9
Açaí berry smoothie topped with maple granola, fresh fruits, mixed barriers & energy seed mix.

☒ **MUESLI** 17.9
Crunchy maple muesli & Coconut granola layered with yoghurt & berries. Topped with fresh strawberries, energy seed mix and a light drizzle of honey.

NEED MORE

RYE BREAD 2.9

GLUTEN FREE BREAD 2.9

EGG 2.9

BACON 5.9

TOMATO 4.9

CHORIZO 5.9

SPINACH 3.9

MUSHROOM 4.9

AVOCADO 4.9

RELISH 3.9

HASH BROWN 3.9

BAKED BEANS 5.9

SALMON 6.9

HALLOUMI 5.9

WAFFLE 6.9

PANCAKE 4.9

Please advise our staff of any allergies or if you require gluten-free options when ordering. Some substitutions may incur a surcharge.



Vegetarian



Vegan



Dairy Free



Gluten Free



COFFEE

CUP MUG

CAPPUCCINO	5.0	6.0
FLAT WHITE	5.0	6.0
CAFÉ LATTE	5.0	6.0
LONG BLACK	5.0	5.0
CHAI LATTE	5.5	6.5
MATCHA LATTE	5.5	6.5
DIRTY MATCHA	5.5	6.5
HOT CHOCOLATE	5.5	6.5
SHORT BLACK	4.0	--
MACCHIATO	4.5	5.0
PICCOLO	4.5	--
MOCHA	5.0	6.0
DIRTY CHAI	5.5	6.5
BABYCINO	3.0	--



ICED

ICED LONG BLACK	5.0
ICED LATTE	5.5
ICED CHAI	5.5
ICED MATCHA	5.5
ICED DIRTY CHAI	6.0
ICED DRTY MATCHA	6.0
ICED MOCHA	6.0
ICED CHOCOLATE	8.5
ICED COFFEE	8.5

ADD ON:

DECAF	+1.0
EXTRA SHOT	+1.0
MILK ALTERNATIVES Soy / Almond / Lactose Free / Oat	+1.0
FLAVORS Vanilla / Caramel / Hazelnut	+2.0

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Drinks

La Maison Du Thé
FRENCH TEA

POT

ENGLISH BREAKFAST	5.9
EARL GREY	5.9
SPRING GREEN	5.9
LEMONGRASS & GINGER	5.9
CHAMOMILE	5.9
PEPPERMINT	5.9
ADD ON: Extra Tea Bag	+1.0



JUICES

GLASS JUG

APPLE JUICE	5.9	14.9
ORANGE JUICE	5.9	14.9
MANGO JUICE	5.9	14.9
PINEAPPE JUICE	5.9	14.9
CRANBERRY JUICE	5.9	14.9
TOMATO JUICE	5.9	14.9

300ml Bottle
SPRING VALLEY JUICES

APPLE JUICE	6.0
ORANGE JUICE	6.0



SOFT DRINKS

GLASS JUG

PEPSI	4.9	12.9
LEMONADE	4.9	12.9
LEMON LIME BITTER	4.9	13.9
SODA LIME BITTER	4.9	13.9
SOLO	4.9	13.9
RASPBERRY LEMONADE	4.9	13.9
LEMON ICE TEA	5.9	13.9
PEACH ICE TEA	5.9	13.9



SOFT DRINKS

BOTTLE
CAN

COKE	5.0
COKE NO SUGAR	5.0
PEPSI MAX	6.0
SOLO	6.0
BUNDABERG GINGER BEER	6.0



POP TOPS

APPLE	5.0
ORANGE	5.0
APPLE BLACKCURRANT	5.0



SMOOTHIES

MIXED BERRY	10.0
Mixed Berries, Banana Syrup, Frozen Yoghurt, Apple Juice.	
COCONUT MANGO	10.0
Coconut Gelati, Mango Gelati, Coconut Syrup, Mango Syrup and Mango Juice.	
TROPICAL MANGO	10.0
Mango Gelati, Frozen Yoghurt, Banana Syrup and Mango Juice.	
CHUNKY MONKEY	10.0
Chocolate Gelati, Cookies and Cream Gelati, Vanilla Syrup, Banana Syrup and Milk of your choice.	

ADD ON:

Mix Berries	+ 2.0
Protein Powder	+ 3.0



MILKSHAKES

VANILLA	9.0
CHOCOLATE	9.0
STRAWBERRY	9.0
CARAMEL	9.0
LIME	9.0
BANANA	9.0
COOKIES N' CREAM	9.0

ON REQUEST:

Make Thick Shakes	+ 2.0
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BREKKIE COCKTAILS

MIMOSA	12.0
BLOODY MARRY	20.0
EXPRESSO MARTINI	20.0
ADD ON: Caramel / Butterscotch / Vanilla	+2.0