

BREAKFAST MENU

SERVED TILL 11.30 AM

YOGHURT CRUNCH BOWL Vanilla yoghurt, berry compote, cranberries, assorted nuts, house made muesli	13.0
BIG BREAKY Grilled bacon, eggs, mushrooms, tomato and grilled chorizo served with toast	19.0
MORNING STARTER Smashed avocado, grilled halloumi, poached egg and fresh tomato, served with lemon and toasted mixed grain bread	18.0
BENEDICTS Bacon, poached eggs, hollandaise on a toasted muffin Smoked salmon, poached eggs, hollandaise on a toasted muffin	18.5
MEDITERRANEAN EGGS Home made tomato Napolitano sugo, Poached eggs, fetta, sweet basil, chargrilled toasted continental bread	16.9
BACON AND EGGS Two Eggs cooked to your liking, bacon and toast	16.5
TRUFFLED EGGS Scrambled eggs, roasted tomato, grilled chorizo drizzled with Truffle oil, served with grilled chiabatta	16.5
SMOKED SALMON BAGEL Smoked salmon, dill cream cheese, baby spinach and pickled cucumber	14.0
WAFFLES Toasted waffles served with strawberries, Maple Syrup and whipped cream	12.5
CROISSANTS Ham, Cheese, tomato Assorted Beerenberg jams	8.9 7.0
SIDES Smashed avocado, Smoked Salmon, Bacon Chorizo sausage Spinach, Grilled haloumi, Sautéed mushrooms, House made beans, Fetta, Egg Toast, Roasted tomato	5.0 4.5 4.0 3.0
TOAST served with Beerenberg jams	6.0
RAISON TOAST	7.0
LIQUID DAY STARTERS	
ESPRESSO MARTINI Signature cocktail to get your day going	12.9
BLOODY MARY Tomato juice, celery, tabasco, cracked pepper and Vodka	13.0
VODKA SUNRISE Fresh orange juice, Vodka and Grenadine	13.0

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HOT BEVERAGES

Cappuccino	4.0
Flat White	4.0
Café Late	4.0
Hot Chocolate	4.0
Macchiato	4.0
Short Black	4.0
Long Black	4.0
Chai Late (Syrup by T Bar)	5.0
Vienna coffee	5.9
Vienna chocolate	5.9
Mochaccino	5.9
Affogato	7.9
Liqueur Coffee	13.5
Tea (English breakfast, Earl Grey, Green, Camomile and Chai)	4.0
Soy, Almond or Zymil Milk	0.5
Mug	1.0
Flavour Shot (French Vanilla, Caramel or Hazelnut)	1.0

COLD BEVERAGES

Juice (Orange, Apple, Pineapple, Cranberry, Pink Grapefruit or Tomato)	5.0
Milkshakes (Vanilla, Chocolate, Strawberry, Caramel, Lime, Coffee or Banana)	5.5
Iced Coffee or Iced Chocolate	5.5
Spiders (Cola, Lemonade, Raspberry or Lime)	5.5
Iced Tea (Peach, Lemon or Green)	5.0
FRESHLY SQUEEZED JUICE (assorted seasonal fruits)	7.9

SMOOTHIES 7.5

SPIRULINA

Apple, banana, orange, kiwi, Spirulina and low fat yoghurt

MIXED BERRY

Raspberry, strawberry, cranberry and low fat yoghurt

CHOC PROTEIN

Chocolate protein powder, strawberries,
raspberries, skim milk and low fat yoghurt

BANANA OAT

Banana, soy milk, honey, oats, cinnamon and low fat yoghurt

COCONUT MANGO

Coconut, mango, banana, apples, orange and low fat yoghurt

please notify your service attendant of any food allergies

the
strand
café restaurant